



YES provides safety and help out of homelessness to young people and families in Peterborough. You are a big part of these supports. **We want you to know about the difference we've been able to make with your help in 2022.**

EMERGENCY SHELTER FOR YOUTH AND FAMILIES

YES runs the only shelter for youth and families in Peterborough. Everyone staying in shelter gets a safe, warm bed, three meals each day, and any of the basics they need to be comfortable.

7901 is the number of times a young person, parent or child accessed our Emergency Shelter overnight .



23,703 is the number of meals served in Emergency Shelter.

240 young people in shelter participated in our Life Skills Pilot Program.

This program encourages youth to learn the skills they need to live a stable life on their own. This includes:

- Food and Nutrition
- Relationships and conflict management
- Wellness and self care
- Peer Support
- Art Therapy
- Budgeting and Money Management



(OVER)



"Thank you for your help in this work. Many of these stories are extremely difficult, but our clients are resilient, and all of the people who come to us for help can recover and live a stable life with the right support."

- **Aimeé LeLagadec**, Executive Director,
YES Shelter for Youth and Families



OUTREACH PROGRAM FOR YOUTH AND FAMILIES

Outreach Staff work with youth and parents experiencing homelessness in Peterborough to address the issues that caused their homelessness, as well as find and keep housing.

This includes support like:

- Connecting clients to the financial aid they are eligible for
- Helping youth and parents access clinical and mental health supports
- Working together to contact local landlords and view units
- Assistance navigating the health care system

78 youth were supported to find housing of their own in the community by YES Outreach Staff.



36 youth avoided homelessness through our Homelessness Prevention Program.

RISE YOUTH HOUSING PROGRAM

The chance that a young person will exit homelessness and recover increases substantially if they get into a transitional housing program.

Transitional housing is affordable housing with supports. A young person moves into a place of their own, but has a support person who helps them through emotional difficulties, mentors them to learn life skills, and ensures they connect with the help they need to stabilize.

This is our RISE Youth Housing Program. Our staff work with youth to recover from homelessness and establish goals.

42 youth lived safely and with support in our RISE Youth Housing Program. Without this housing and support, these young people would likely still be in a housing crisis.

